SACRAMENTO COUNTY Sacramento MIOCR Project – (\$766,896 grant)

The Sacramento MIOCR Project is rooted in the evidence-based Assertive Community Treatment model and includes a newly established Mental Health Treatment Court (MHTC) providing a continuum of care through the criminal justice system - beginning at the time of booking and ending with the successful and stable re-entry of 35 participants into the community. Treatment components are incorporated into the county's well established Center for Corrections Alternative Programs, a collaboration of the Sacramento Sheriff's Department, Elk Grove Unified School District, U.S. Probation Office, Alcohol and Other Drugs Division, and U.C. Davis Jail Psychiatric Services, offering comprehensive, "one-stop-shop" wraparound services to participants and their families.

Participants are accepted into the program through referrals made to the MHTC Judicial Review Team (District Attorney, Public Defender, and presiding MHTC Judge), who verify individuals meet eligibility criteria. Once a client is enrolled into the program, they are assigned to the Multi-Disciplinary Team (MDT) comprised of Probation Officers, Mental Health Case Workers, a Mental Health Peer Advocate, District Attorney, Public Defender, psychiatrist and psychiatric nurse. The MDT develops individualized treatment plans and coordinates services for housing, benefit and financial assistance, substance abuse treatment and transportation, as well as any employment and educational needs the clients may have. An on-call response team will also be available 24 hours a day/7days a week. When a client is ready to be resituated back into the community, SacPORT (Sacramento County Psychosocial Options for Rehabilitation Training) will provide the necessary support and continued education, skills training and pro-social activities to allow for a smooth transition.

Additional MIOCR program components available to clients include: Peer-to-Peer Recovery (a 9-week course for maintaining client wellness and recovery), Family-to-Family Education Program (a 12-week workshop to help family members understand mental illness and develop effective coping skills), Adult Education classes, Family Group Decision Making interventions and therapeutic groups (such as cognitive behavior modification and conflict resolution).

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